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Probably just about everyone who has lived in the country has, at one time or another, entertained the idea of owning a milk cow or a couple of goats. The idea, of course, is to make your own cheese, butter, yogurt, ice cream, and all those additive-free goodies that come from the dairy (not to mention gallons of good, fresh, wholesome milk). Nancy Bubel has done more than entertain the idea, and she shares her knowledge in a special supplement, Country Journal's complete handbook of home milk receipts.

Ever wonder where organically grown seeds come from? Have you stopped to ask yourself how they got from plant to packet? We have, so we asked Lloyd Ferriss to visit **Johnny's Selected Seeds** in Maine and give us a report on the how, what, when, where, and why of raising organic seed.

By the thousands they left the Northeast for California in 1849, hot on the trail of riches in the gold fields. The gold has long since gone, but easterners are still making the trek to the Pacific. What is the fascination, the magnet that draws them? We asked three writers who left their native Northeast for California to give us their impressions of the Golden West. Elaine Kendall, who recently moved to Santa Monica, compares the **east to the west;** Polly Pitkin Ryan, who left New England during World War II, calls herself a **displaced person;** and Irving Townsend likens his small California mountain town to his boyhood village in a **New Englander in California country.**